

passengers from Ravenglass , the only coastal village in the Lake District National Park and of huge significance in Roman times, being a significant last defence point of the infamous Hadrians Wall, to Dalegarth for Boot some 210ft above sea level.

<http://www.ravenglass-railway.co.uk>

13. Visit the Motor Museum

Jam packed full of cars through the ages this museum is a must for any motoring fans.

<http://www.lakelandmotormuseum.co.uk>

14. Take in the local sealife

Find out all about the local wildlife as well as some more unusual creatures at the Lakes Aquarium.

<http://www.lakesaquarium.co.uk>

For full Access Statements and contact details for each attraction or activity please visit their websites as listed.

Accessible Days Out in the Lake District



1. Go for Miles without Stiles

There are now more than 40 accessible routes people with limited mobility can choose from in the Lake District safe in the knowledge they won't be blocked by obstacles such as stiles. One of the routes starts in Coniston village and provides beautiful views of Coniston Water and the fells.

<http://www.lakedistrict.gov.uk/visiting/outdoors/mileswithoutstiles>

2. Take a wheelchair accessible boat on Coniston Water

A specifically adapted boat with a moveable ramp to accommodate up to six wheelchair users. Perfect for wheelchair anglers.

<http://www.conistonboatingcentre.co.uk/boathire/motor>

3. Enjoy a real adventure

Activities such as sailing, canoeing and climbing in the Lake District which are organised by the Calvert Trust

<http://www.calvert-trust.org.uk/lake-district/activities>

4. Get out on your bike

Ride your bike along the recently improved cyclepath along the western shore of Windermere between the Windermere ferry terminal and Wray Castle. The path was improved by the GoLakes Travel programme and is suitable for recumbent bicycles and hand-pedal bikes. The first section of the new Langdale trail is also accessible to all.

5. Take a Scenic bus ride

Take the 555 easy access bus to the Lake District visitor centre at Brockhole and enjoy the historic building and fantastic gardens all of which are easily accessible. There are free wheelchairs to use indoors and around the gardens and the 'Brockmobile' electric bus can provide transport from the car park or jetty to the Visitor Centre.

<http://www.brockhole.co.uk/visit/accessforall>

6. Take a cruise

Enjoy a cruise along England's largest lake on an accessible Windermere Lake Cruise – call in advance to check which boats are in service.

<http://www.windermere-lakecruises.co.uk/>

7. Ride a steam train

Take a trip back in time to the age of steam with a ride in a viewing carriage for wheelchair users on the Lakeside and Haverthwaite Railway

http://www.bpde.co.uk/lhr/pages/info_accessibility.php

8. Explore Tarn Hows

Explore one of the Lake District's prettiest tarns, Tarn Hows, with a specially designed off-road tramper, provided by GoLakes Travel and the National Trust

<http://www.nationaltrust.org.uk/coniston-and-tarn-hows/things-to-see-and-do/page-4/>

9. Hop on the X33 & explore a castle

Take the X33 bus to Muncaster Castle which has scooters available. The famous gardens and ground floor of the Castle, as well as the Meadowvole Maze attraction, are wheelchair accessible

<http://www.muncaster.co.uk/accessibility>

10. Explore a forest

Enjoy the fun and thought-provoking sculptures along the easy-access

Ridding Wood trail in Grizedale Forest

<http://visitlakelandforests.co.uk/index.php/your-forests/grizedale/overview>

11. Cruise on England's most beautiful lake

Ullswater 'Steamers' operate one of the largest heritage vessel fleets in the world, offering visitors an experience they will never forget for 363 days a year. Cruises connect to some of the most famous and iconic walking routes in the National Park, with views of Wordsworth's Daffodils on the west shore in Spring. Excellent facilities onboard include open deck and covered upper deck seating areas in addition to covered downstairs saloons, licensed bars and toilets.

<http://www.ullswater-steamers.co.uk>

12. Steam through the countryside

The Ravenglass & Eskdale Railway is one of the oldest and longest narrow gauge railways in England, known affectionately as La'al Ratty meaning "little railway" in olde Cumbrian dialect. The heritage steam engines transport

